

Registration Information

A minimum of 20 registrations are required to offer this workshop, so please sign up early or have us reserve a place for you. Class is limited to 40 registrants. To get the **Early Bird Rate** registration and payment must be received by April 24, 2012.

Workshop Schedule

Friday, May 4, 2012*

7:30 a.m. - 8:30 a.m. – Onsite Registration

8:30 a.m. - 4:00 p.m. – Workshop

12:00 - 1:00 p.m. – Lunch on your own

Saturday, May 5, 2012*

8:30 a.m. - 4:00 p.m. – Workshop

12:00 - 1:00 p.m. – Lunch on your own

*Continental breakfast provided both days

Workshop Location

THE RIVERSIDE HOTEL

North Star Room, second floor

2900 Chinden Blvd., Boise, ID 83714

CEUs/CE Graduate Credit Available

- NBCC credit for counselors – 12 hours
- Social Worker CEUs approved (ISCSW) – 12 hours (LSW, LMSW, LCSW levels)
- 1 graduate continuing education credit from Northwest Nazarene University – register for credit onsite (\$65 fee).

Cancellation Policy

Unable to give refunds after April 24th.

Special Accommodations

Please contact Tom McIntyre by April 24th at (208) 344-7194 if you need special accommodations.

Hotel Accommodations

Participants need to secure their own accommodations. Reasonably priced nearby motels:

Budget Host Inn, 800 Overland Rd., Boise, ID 83709, (800) 733-1418, **Motel 6**, 2323 Airport Way, Boise, ID 83705, (208) 344-3506.



Conflict Resolution
in Stressful Times:
An Adlerian Approach

Idaho Society of Individual Psychology
Post Office Box 284
Boise, Idaho 83701-0284



"Anyone trained in Adlerian Psychology knows what to do the first time they sit down with a client and through the process."
Wes Wingett & Steven Maybell



Idaho Society of
Individual Psychology
presents

Conflict Resolution in Stressful Times: An Adlerian Approach



Facilitated by
Robert Werth, MEd, JD, LCPC

Friday, May 4, 2012
Saturday, May 5, 2012

BOISE, IDAHO

Conflict Resolution in Stressful Times:

An Adlerian Approach



– Registration –

Registration Fee: \$160 (includes ISIP membership)

20% DISCOUNT offered for 3 or more regular registrants from the same agency when sent together.

Discount NOT available for online registrations.

Full Time Student: \$80 (group discount not available)

Student's Professor's Signature _____

**SPECIAL RATE – \$80 FOR FULL TIME STUDENT OR
IF YOU HAVE TAKEN THIS COURSE PREVIOUSLY.**

Name: _____

Address: _____

City: _____

ST _____ Zip _____

Day Phone: _____

Evening Phone: _____

E-mail:* _____

Profession/License _____

Agency/Institution _____

To register, detach this completed form and mail with your payment.

Make check payable to **ISIP**. Mail payment and completed registration form to:

Tom McIntyre

828 E. Pennsylvania Drive, Boise, Idaho 83706

To Register online, go to

www.adleridaho.com

Early Bird Registration deadline: April 24th.

Add Late Charge of \$25 after April 24th.

A \$25 returned check fee must be assessed for insufficient funds.

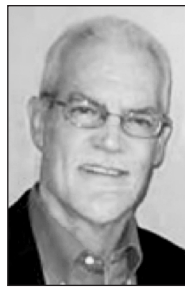
For questions or additional information, contact

Tom McIntyre, Executive Director, ISIP

at (208) 344-7194 or by e-mail at

tommytmcintyre@gmail.com.

**Please note: Confirmation is sent via e-mail only.*



Featured Speaker: Robert Werth, MEd, JD, LCPC

For more than 30 years, Bob Werth has been counseling, coaching, and teaching people how to resolve issues in their lives and create strong relationships. Bob is a licensed clinical professional counselor (LCPC) who works with individuals, couples, families, businesses and organizations. His work is centered in Adlerian Psychology which focuses on the purposefulness of behavior, encouragement, enhancing people's strengths, with a focus on the choices that can create a different future.

Known nationally for his multi-disciplinary approach through backgrounds in law and conflict resolution, he is frequently invited to present at conferences and to conduct trainings in mediation and corporate leadership. Along with his partner and wife, Wendy, they work together as a team with couples and as co-mediators in a number of environments. As certified professional mediators they are often asked to use their facilitation and/or mediation skills with business groups, management teams and boards of directors.

Wendy and Bob live in Sun Valley, Idaho, where they enjoy biking, tennis, fly fishing, Nordic skiing and hiking with their therapy dog, Charlie.

Professional Licenses and Certifications

Licensed Clinical Professional Counselor, Private Practice (LCPC), Certified Professional Mediator (CPM)

Idaho State Bar Association, California State Bar Association, Attorney member

Certificate of Advanced Professional Studies in Adlerian Psychotherapy, 2009

Education and Training

B.A., Stanford University, 1974

J.D., University of San Francisco, 1978

M.Ed. in Community Counseling, College of Idaho, Caldwell, Idaho, 1994

Conflict Resolution in Stressful Times:

An Adlerian Approach

Goals & Objectives: To approach conflict resolution using Adlerian theory. To gain a better understanding of one's own conflict style, where it originated and how to make different choices in the future. To evaluate personal responses in the face of conflict so as to manage one's strengths. To understand where beliefs and perceptions come from and to develop more psychological tolerance for conflict. To practice new interventions in personal and professional conflicts.

Friday, May 4, 2012

- 8:30 Introductions, Theory
- 10:00 Break
- 10:15 Definitions of conflict
Avoid/Confront/Avocon
ER's about conflict
Psychological tolerance
Beliefs, perceptions
Seeing more possibilities
- Noon Break
- 1:00 Problem Solving Model
Pessimistic v. optimistic
"Act As If"
Relational losing Strategies
- 2:15 Break
- 2:30 As Intermediary/mediator/helping others
Readiness to mediate/facilitate
- 4:00 End of day

Saturday, May 5, 2012

- 8:30 Setting the scene
- 10:00 Break
- 10:15 Dysfunctions of teams
Positions v. interests
- Noon Break
- 1:00 Outcomes
Model Stages
- 2:15 Break
- 2:30 Practice
- 4:00 Wrap up